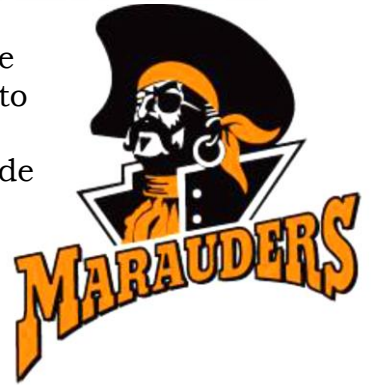


2016 MARAUDERS VOLLEYBALL SUMMER CAMP

University of Mary's Women's Volleyball program is excited to announce 2016 Summer Volleyball Camps. UMary Summer Camps are designed to offer a unique opportunity for girls to advance their skills in volleyball. Our goal is to see that each player improves her skills and develops pride in the sport and herself. Don't miss out on a chance to learn from this elite coaching staff and the opportunity to get to know the Marauders Volleyball Players!



CAMPS DETAILS

SATELLITE CAMP

UMary Volleyball Camp is coming to YOU! If you are not able to make any of our camps this summer, we would love to bring it to your school! The goal of our satellite camp is to provide athletes with an opportunity of interacting with our staff and taking their game to the next level with higher intensity drills. We will provide camp T-shirts; all you need is the campers, facility and equipment!

Additional Information

- *Typical Sessions are 2-3 Days with 1 or 2 sections per day (*approximately 2.5 hours each*) of individual and/or team skills.
- *Athlete minimums apply based on distance and number of days/sections chosen.
- *Meals for the UMary coaches need to be provided by the host school.
- *Hotel room needs to be provide by the host school for camps that coaches must drive further than 100 miles (*one way*)
- *Gas money needs to be provided by the host school for camps that coaches must drive further than 50 miles (*one way*)
- *All Satellite Camps will be scheduled during the period of June 13th – July 10th
- *Contact Head Coach Thais Franca for prices.
- *Dates will fill up fast. Contact us to book yours today!

Thais Franca

Email: tafranca@umary.edu

Phone: (701) 355-8285

Youth Position and Skill Camp (YPSC)

Dates: July 14-16, 2015

Open to girls entering the 6th-8th grade. The camp will focus on individual skill development, positional training and team drills. The camp will also consist of position specific training for setters, middle blockers, outside/opposite hitters, and liberos. Players will be grouped by age and skill level. There will also be an opportunity to develop individual skills in a team concept with matches. This is a commuter camp for young kids looking to learn the game.

Cost:

\$225.00 (*Includes 3 meals, a camp T-shirt, and free ticket for one of 2016 UMVB game*)

***Tentative Schedule**

Day 1

9am-9:30am	Check-in
9:30am – 12pm	Session I
12pm – 1:30pm	Lunch
1:30pm – 4pm	Session II

Day 2

9am-9:30am	Check-in
9:30am – 12pm	Session II
12pm – 1:30pm	Lunch
1:30pm – 4pm	Session III

Day 3

9am – 9:30am	Check-in
9:30am – 12pm	Session III
12pm – 1:30pm	Lunch
1:30pm – 4pm	Session IV

Position Camp (PC)

Dates: July 18-20, 2016

Open to students entering **grades 9-12**. This is a high level specific camp designed to players with a strong desire and potential to play at the next level. The camp will consist of position specific training for setters, middle blockers, outside hitters, opposite hitters and liberos. Individual skills will be taught along with offensive and defensive systems and combined drills. As we progress through the camp, we will combine the groups for interactive learning. Daily competitions and an end-of-camp tournament will be featured. Camp instruction will be provided by Head Coach Thais Franca, UMary Coaching Staff and Volleyball Players. Don't miss this great opportunity of experience specialized training within a total team atmosphere!

Cost:

\$225.00 (Includes 3 meals, a camp T-shirt and free ticket for one of 2016 UMVB game)

***Tentative Schedule**

Day 1

8:30am – 9am	Check-in
9am – 12pm	Session I
12pm – 1:30pm	Lunch
1:30pm – 4:30pm	Session II

Day 2

8:30am – 9am	Check-in
9am – 12pm	Session III
12pm – 1:30pm	Lunch
1:30pm – 4:30pm	Session IV

Day 3

8:30am – 9am	Check-in
9am – 12pm	Session III
12pm – 1:30pm	Lunch
1:30pm – 4:30pm	Session IV

Elite Overnight Camp (EOC)

Dates: July 22-24, 2016

Open to girls of ages 12 and up. This is a high-level specific camp, designed for players who are willing to work hard in all aspect of the volleyball fundamental skills. Players will be grouped by skill level at which point high repetition training will guide our sessions. The drills for this camp are designed to take your game to the collegiate level by exposing you to the daily training systems used in a high level professional volleyball program, and as the camp progresses there will be a shift from a more technical focus to more “play-based” and situational 6 on 6. Swimming may be available, so please bring a swimsuit!

Cost:

\$290.00 - Commuter *(Includes 5 meals, a camp T-shirt and free ticket for one of 2016 UMVB game)*

\$350.00 - Overnight Campers *(Includes 7 meals, 2 nights housing, a camp T-shirt, and free ticket for one of 2016 UMVB game)*

***Tentative Schedule**

Day 1

8:30am – 10:30am	Check-in
10:30am – 12:30pm	Session I
12:30pm – 2:30pm	Lunch <i>(All Campers)</i>
2:30pm – 5pm	Session II
5pm – 7pm	Dinner <i>(All Campers)</i>
7pm – 8:30pm	Sections III

Day2

8:30am – 9:30am	Breakfast <i>(only overnight campers)</i>
9:30am – 12:30pm	Session IV
12:30pm – 2:30pm	Lunch <i>(All Campers)</i>
2:30pm – 5pm	Session V
5pm – 7pm	Dinner <i>(All Campers)</i>
7pm – 8:30pm	Sections VI

Day3

8:30am – 9:30am	Breakfast <i>(only overnight campers)</i>
9:30am – 12:30pm	Session VII
12:30pm – 2:30pm	Lunch <i>(All Campers)</i>
2:30pm – 5pm	Session VIII
5pm – 6pm	Check-out

Mini Marauders Camp (MMC)

Dates: August 1 & 2, 2015

Mini Marauders Camp is open to girls from K-5th grades. The camp is designed to provide girls with the opportunity to learn volleyball skills in a relaxed and fun environment. The camp will focus on basic volleyball fundamentals, skills, footwork, drills with specific coordination exercises, and games. Campers will be grouped based on age and skill level. Campers should bring your own snacks. *Camp will run from 7:20am to 12:30pm.*

Cost:

\$70.00 per day *(Includes a camp T-shirt, and free ticket for one of 2016 UMVB game)*

\$100.00 for both days *(Includes a camp T-shirt, and free ticket for one of 2016 UMVB game)*

***Tentative Schedule**

Day 1 & Day 2

7:20am-8am	Drop off/check-in
8am – 9:30pm	Session I
9:30am – 10:15pm	Snacks break
10:15pm – 12pm	Session II
12pm-12:30pm	Check-out

Camp Coaching Staff

Thais Franca - *Head Coach*
Maureen Moriarty - *Assistant Coach*
Valerie Lesu - *Graduate Assistant Coach*
Marauders Volleyball Players

Camp Location

All camps and sessions will be held on the campus of University of Mary at McDowell Activity Center
7500 University Dr. Bismarck, ND 58504

Registration

SPACE IN EACH CAMP IS LIMITED!!!

There will be two different ways to sign up for camps.

- Sign up online at: [www. http://www.maraudersvolleyballcamps.com/](http://www.maraudersvolleyballcamps.com/)
- Fill out the application & send it in along with the full payment.

Please do not delay to register. Sessions are filled on a first-come, first-served basis.

DEPOSIT IS NON-REFUNDABLE

Rules and Regulations

Campers are expected to act with respect for themselves, other campers, staff, and the campus of University of Mary. Campers who cannot behave in a mature manner could be expelled from camp without refund.

Contact Us for Further Details

Email: tafranca@umary.edu
Phone: (701) 355-8285

YSPC, PC and MMC Camps

What to Bring?

Campers should bring athletic clothing (*extra t-shirts & socks are encouraged each day*), kneepads, and water bottles.

Elite Overnight Camp

What to bring?

Please check our Camp Website <http://www.maraudersvolleyballcamps.com/> for the “Elite Overnight Camp Checklist”.

Housing and Meals

All overnight campers will be housed in UMary Resident Halls. Room assignments will be made in advance. If you have a roommate preference, write the name of that person when you register. Breakfast, lunch and dinner are included in the cost of the camp for overnight campers. Lunch and dinner are included in the cost of the camp for commuter campers.